Hemodynamic: Meassurement, Interpretation and Application

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History Of Haemodynamic Monitoring

- Assessment of hemodynamic function:
 - It start from patient's physiologic variables or "vital signs" such as heart rate, blood pressure, and urinary output

• **→1960's**:

- Shock is **tachycardia** and **hypotension**
- But, as clinicians gained more experience in treating critically ill patients, it became apparent that normalization of vital sign was not necessarily sufficient to reverse a patient's shock . mfda

History Of Haemodynamic Monitoring

• 1970:

- Swan and Ganz introduced the flow-directed pulmonary artery catheter at the bedside

• 1972:

- **calculate cardiac output** using the thermodilution technique.
- This revolutionary advance in physiologic monitoring became the **standard of care** by the late 1970's in patients with multisystem organ dysfunction or refractory shock.

• 1980's:

- Continuous mixed venous oximetry (SvO₂) capability was added as the importance of **oxygen delivery**, **oxygen consumption**, **and oxygen transport balance** in the diagnosis and management of shock states became clear.

• Early 1990's :

- Catheters capable of calculating right ventricular volumes became available further improving **preload assessment** in the critically ill.

Introduction..3

• 2000:

- Bio-impedance, pressure-wave contour analysis, transpulmonary thermodilution, doppler technology and transesophageal echocardiography) designed to continuously assess hemodynamic function and oxygen transport
- Although most modern bedside monitoring systems will readily measure and calculate standard hemodynamic variables, *a working knowledge* of the equations necessary to arrive at such variables is essential to understanding those the pathophysiology, technology and appropriate treatment for the various shock states encountered in the intensive care unit.
- It is only by understanding the derivation of the equations that the clinician will truly understand the therapeutic interventions that will benefit the patient

Fundamentals of Hemodynamic monitoring



Techniques of Hemodynamic monitoring

Continuous !

As the patient's haemodynamic status may change **rapidly**, **continuous hemodynamic monitoring** will provide information allowing rapid adjustment of therapy



So, first you have to know the Cardiac Physiology

Cardiovascular Physiology

- 1) Blood carries nutrients
- 2) Heart creates pressure gradient blood flow
- 3) Peripheral Circulation carries blood to tissues The primary function of the Cardiovascular system is to
 1) deliver nutrients/oxygen and 2)remove wastes/CO2 from the cells in your body

Physiology of cardiac output

Cardiac output

- 1. Cardiac Output (in liters/minute) is defined as the amount of blood ejected from the ventricle (primarily the left ventricle) in a minute.
- 2. Cardiac output is the term that is used when discussing the pumping effectiveness and ventricular function of the heart – the cardiac performance

Cardiac output

Cardiac Output = Heart Rate x Stroke Volume
Where:

Heart Rate = beats/min

Stroke Volume = amount of blood ejected from ventricle in one beat

By altering either heart rate or stroke volume, cardiac output can be manipulated.





Figure 5-4 C, During systole, the right ventricle contracts, squeezing its contents through the pulmonic valve and into the pulmonary circulation.

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Determinants Of Cardiac Output



Preload

- 1. Preload refers to the amount of myocardial fiber stretch at the end of diastole.
- 2. Preload also refers to the amount of volume in the ventricle at this phase.
- 3. It is very difficult to actually measure fiber length or volume at the bedside.
- 4. It has been clinically acceptable to measure the pressure required to fill the ventricles (LVFP) as a measure of left ventricular end diastolic volume (LVEDV) or fiber length

Preload



Figure 6 Compliance Curves

THE RELATIONSHIP BETWEEN ARTERIAL PRESSURE AND FLOW (CARDIAC OUTPUT)

Blood pressure is the "driving pressure" to perfuse organs and it is directly related to

cardiac output MAP = CO x SVR

Summary: Altering Heart Performan



Blood Pressure = CO xSVR

"Normal BP"

Normal SVR x Normal C (e.g. Healthy person)



"Normal BP"

High SVR x Low CO (e.g. Hemorrhagic or cardiogenic shock)



"Normal BP"

Low SVR x High CO (e.g. Sepsis)



Why Cardiac Output Is Important?



Methods Of Meassuring Cardiac Output

Cardiac Output Assessment Based On The Methods

Method	System	Preload and Additional variable	Limitations
Transcardiac Thermodilution	PA catheter Catheter Ccombo	PAOP, PAP, SvO2 RVEF, RVEDV	Invasiveness, Training required
Transpulmonary Indicator Dilution (calibrated)	PiCCO LiDCO	GEDV, EVLW, SVV, PPV	Invasiveness, Need for dedicated catheter
Arterial-pressure waveform derived (not calibrated)	Vigileo MostCare	SVV, dP/dT, CCE, PPV, SVV	Need for optimal arterial signal
Doppler's principle	Esophageal CardiacQ Suprasternal USCOM	Ftc, peak∨	Partial meassurement of CO Estimation of AoCSA
Fick's principle	NICO	Shunt calculation	Intubated patients Less reliable in respiratory failure
Bioimpedance	Lifegard, TEBCO	None	Not applicable in cardiothoracic surg

























Arterial Pulse Contour Analysis as a basis for Cardiac Output measurement

- Arterial pulse contour analysis provides continuous beat-by-be parameters obtained from the shape of the arterial pres
- <u>_____ke</u>



The Methods of Pulse Contour Technique

- 1. Requiring external calibration:
 - 1. LiDCO (Lithium indicator CO)
 - 2. PiCCO (Pulse indicator Continuous CO)
- 2. Without external calibration:
 - 1. Vigileo
 - 2. MostCare

Fundamentals of Hemodynamic monitoring



Preload monitoring





FLUID RESPONSIVENESS

- 1. The basis of monitoring Fluid Responsiveness is Frank Starling Curve
- 2. A variable is a predictor of fluid responsiveness if there is a relationship between the <u>baseline value</u> of that variable and <u>changes in Stroke Volume</u> <u>after fluid loading</u>

fluid loading

baseline value



FRANK STARLING CURVE IN IN NORMAL HEART



FRANK STARLING CURVE IN FAILING HEART

Stroke volume



FLUID RESPONSIVENESS DURING RESUSCITATION

- During resuscitation, we always want to be on the <u>steep</u> portion of curve
 - Increasing end-diastolic volume means big increase in stroke volume
- We do not want to be on the <u>flat</u> portion of the curve
 - Increasing end-diastolic volume results in little or no increase in stroke volume





TECHNOLOGY AND STRATEGIES TO MONITOR PRELOAD USING FLUID RESPONSIVENESS

Stroke Volume Variation
 Passive Leg Raising
 Fluid Challenges



Figure 5-5 Factors affecting cardiac output. (From Price, S., & Wilson, L. [1986]. Pathophysiology: Clinical concepts of disease processes [3rd ed.] [p. 351]. New York: McGraw-Hill.)
1. Stroke Volume Variation (SVV), Pulse Pressure Variation (PPV)

Stroke Volume Variation (SVV)

Pulse Contour Analysis and Heartlung Interaction are a basic concept for SVV measurement

Heart-lung Interaction concept is the basis of monitoring Stroke Volume Variation

Pulsus Paradoxus

Reversed Pulsus Paradoxus

Pulsus Paradoxus

- Pada orang normal, pada waktu inspirasi akan terjadi penurunan tekanan sistolik sebesar 10 mmHg.
- Jika penurunan tekanan sistolik lebih dari 10 mmHg disebut sebagai pulsus paradoxus.
- Beberapa faktor2 fisiologi atau patologi dapat menyebabkan pulsus paradoxus selama inspirasi:
 - Pada kondisi tamponade jantung, tekanan intrapericardial yg tinggi akan menurunkan kapasitas pengisian jantung sehingga menurunkan fraksi ejeksi ventrikel kiri.
 - Selama inspirasi, akan terjadi peningkatan venous return ke jantung kanan, dan bersamaan dengan tingginya tekanan sekeliling jantung waktu inspirasi, maka pengisian jantung kanan akan meningkat juga, sehingga akan menggeser septum interventrikular ke ventrikel kiri, mengakibatkan berkurangnya pengisian ventrikel kiri, sehingga fraksi ejeksi LV menurun waktu inspirasi.



PULSUS PARADOXICUS

NORMAL < 10 mmHg PALPABLE > 15 mmHg

- Pada reversed pulsus paradoxus terjadi proses yg berlawanan, dimana pada waktu inspirasi terjadi kenaikan tekanan sitolik yang lebih besar dari 15mmHg.
- Hal ini terjadi akibat tekanan positif pada ventilasi mekanik akan meningkatkan tekanan intra toraks sehingga meningkatkan curah jantung ventrikel kiri.
- Ventilasi mekanik (VM) bekerja berbeda thd jantung kiri dan kanan, thd jantung kiri VM akan memompa darah lbh banyak ke ventrikel kiri dari vena pulmonalis, sehingga meningkatkan stroke volume LV dan sistolik pressure. Terhadap jantung kanan, VM akan menekan IVC dan menurunkan aliran darah ke ventikel kanan, sehingga tidak menimbulkan pendorongan septum ke kiri, sehingga lebih banyak darah mengisi LV

- Reverse pulsus paradoxus dapat terjadi pada kondisi2 dibawah ini:
 - Pasien gagal jantung kiri yang menggunakan ventilasi mekanik.
 - Idiopathic hypertrophic subaortic stenosis
 - Isorhythmic ventricular rhythms
 - Hypertrophic cardiomyopathy
 - Pada pasien hipovolemia yang menggunakan ventilasi mekanik





Tekanan sistolik (arterial wave pressure) pada pasien hipovolemia yang menggunakan ventilasi mekanik akan meningkat > 15 mmHg saat inspiratory breath

Stroke Volume Variation (SVV)

In mechanically ventilated patients without arrhythmia,

- 1. SVV reflects the sensitivity of the heart to the cyclic changes in cardiac preload induced by mechanical ventilation
- 2. SVV can predict whether stroke volume will increase with volume expansion
 SV..
 SVV = (SV max SV min) / SV mean



How to interpret the Stroke Volume Variation

Interpretation of Stroke Volume Variation







Pulse Presure Variation (PPV)

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Pulse Pressure Variation



Michard F, et al. Am J Respir Crit Care Med. 2000;162(1):134-138.



Pulse Pressure Variation



ATATATATATATATATATATATATATATATATATATAT					
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PPV = 32%

PPV = 5%

2. Passive Leg Raising

 Using Ultrasound
 Using Semi-invasive CO (flowdirected)

Passive Leg Raising

- This is the only dynamic method shown for spontaneously breathing patients
- There is 300mL of blood in a

patient's lower extremities and it is used as a bolus This technique avoids patients receiving excess fluid boluses which may be harmful in the long-term



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Passive Leg Raising using CCO (Vigileo)

 PLR dilakukan untuk menilai kecukupan cairan pada pasien2 nafas spontan, Teknik: ekstremitas bawah di elevasi 40 derajat, jika SV naik 10% dari nilai awal, berarti pasien masih butuh cairan, jika tidak naik, atau naik tapi <10% artinya ps tidak perlu cairan



Passive Leg Raising using CCO (Vigileo)

 Setelah 30 detik elevasi dinilai perubahan pada SV dan CO



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3. Fluid Challenges

- Using Flow-directed CO
- Using Central Venous Pressure

FLUID CHALLENGES USING FLOW-DIRECTED CO



FLUID CHALLENGES USING dIVC ULTRASOUND

- IVC variation in a spontaneously breathing patient is a static measurement and only estimates central venous pressure
- Several authors believe that CVP by ultrasound is a <u>not</u> a useful measurement of cardiac preload



Fig. (2). IVC diameter measured on expiration (A) and on inspiration (B) [5].

- IVC collapsible index = (IVCd exp IVCd insp)/ IVCd exp
- 0% is overloaded, 100% is volume depleted
- 2.04 1.51/2.04 = 25%. (Volume overloaded)



MONITORING FLUID RESPONSIVENESS IN 6 YO BOY SUFFERED FROM DENGUE SHOCK SYNDROME USING INFERIOR CAVA VEIN COLLAPSIBILITY



MONITORING FLUID RESPONSIVENESS IN BOY SUFFERED FROM DENGUE SHOCK SYNDROME USING INFERIOR CAVA VEIN COLLAPSIBILITY



After 6 hours fluid resuscitation with Crystalloid and albumin iso-oncotic

Inferior Vena Cava • Ultrasound measure of iIVC and eIVC

- N = 30 septic ICU patients



	Correlation with eIVC	<i>P</i> -value
CVP	0.56	0.001
EVLW	0.59	0.001
EVLW index	0.63	0.001
ITBV	0.51	0.004
ITBV index	0.35	0.05
ITTV	0.68	0.001
PaO ₂ /FiO ₂	0.47	0.008

EVLW = Extravascular lung water ITBV = Intrathoracic blood volume ITTV = Intrathoracic thermal

volume

Schefold JC, et al. J Emerg Med. 2010;38(5):632-637.

FLUID CHALLENGES USING CVP

Guided by	CVP (cmH2))	PAOP mmHg)	Infusion
Start	<8	<10	200 ml/10 mnt
	<12	<14	100 ml/10 mnt
	12	14	50 ml/mnt
During infusion	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 ↑>7	Stop
After 10 min	2	3	Continue
	2>↑ = 5	3>个=7	Wait 10 min
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 ↑>7	Stop
After waiting 10 min	Still ↑>2	Still 个>3	Stop
	↑ =2	↑ =3	Repeat

10 cm H₂0 = 7.3 mm Hg. CVP, central venous pressure; PAOP, pulmonary artery occlusion pressure

Weil MH, Henning RJ: New concepts in the diagnosis and fluid treatment of circulatory shock. Anesth Analg 1979;S8:124

Fundamentals of Hemodynamic monitoring

The 3 magic push-button



Stratifikasi hemodinamik monitoring perioperative

Modular stepwise monitoring concept





Adapted from Hofer CK et al - Eur J Anaesth 2009

Modular stepwise monitoring concept



Adapted from Hofer CK et al - Eur J Anaesth 2009

Modular stepwise monitoring concept



Adapted from Hofer CK et al - Eur J Anaesth 2009


Adapted from Hofer CK et al - Eur J Anaesth 2009

Application And Stratification Of Hemodynamic Monitoring In Critically Ill Patients

Perioperative haemodynamic failure: 1) hypovolemia 2) Cardiac failure 3) Vasoplegia



Application of PiCCO Hemodynamic Monitoring in ICU



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Case 5

- Male, 66 yo, admited to ICU because of dyspneu, intubated put on SIMV.
- History of CHF FC class 3-4. with cardiomyopathy chronic hypertension.
- Vitals: BP 185/85, HR 130 AF. Temp 38. PE: rares both side, AF rapid, JVP >2.
- Lab: leucocyte 11.000, segmen 80, BNP 33.000, Lactate 5. ECG no ST-Change.
- PiCCO inserted. CI 1.78, GEDI 1156, SVRI 4000, CPI 0.2, GEF 20%. EVLWI 25 PVPI 2.0
- What is the diagnose and hemodynamic interpretation?

Case cont..

- Severe acute heart failure forrester subset IV
- Dobutamine start 5 mikro, NTG 10 mikro, furosemide drip start 5 mg,

Performing early CRRT for non renal-indication:
1. Immunoregulation (Cytokine removal)
2. Late Goal-directed Fluid Removal

36 yo, post SC due to severe preeclampsia complicated severe ARDS. Under spinal anesthesia, post operative intubated in ICU.









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After 12 hours:

- 1. <u>Decreased EVLWI with</u> increased SpO2
- 2. <u>Decreased ITBVI (preload)</u> <u>due to restricted Strategy</u>
- 3. <u>Lactate 1-2 with CO2 gap</u> <u>keep normal < 6</u>

After Intervention (PEEP):

DHILIDC

- 1. Increased SpO2
- 2. Decreased ELWI from 58 to 37.5
- 3. Decreased ITBVI (preload)
- 4. Action: : another loading Alb 5%

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BPm	+85 mmHg	SVR	714	DS/cr5	SVRI	1936	DSw2/cw5
VPm	12 mmHg	LCW	9.4	ka=m	LCWI	3.5	ko-m/m2
		LVSW	98.4	9-M	LVSHT	76 7	g-m/m2
VLW	1529 ml				EVLWI	37.5	ML/kg
TBV	1416 ml				ITBVI	523	ml/m2
FDV	1133 mt	1 0 (13)			GEDVI	418	mL/m2

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	a@max.	993	CFI	5.7	PVPI	6.0	and the second	

<u>Day 2:</u>

CI was quite good (2.88), Dpmax (993) & CFI 5.7 means contractility was good. PVPI still high, EVLWI 17 (more decreased) with low preload (ITBVI) but Lactate (1-1.5) and CO2 gap <6 with UO 1-2 ml/kg/h. SpO2 normal with still PEEP 15 and FiO2 90%



<u>Day 3:</u>

- 1. Early morning, after 3 hours CRRT stop for priming and nursing care, suddenly desaturation, high BP with high CVP.
- 2. HD Calc: Low CI with quite low ITBVI (708) and low Cardiac Function Index - CFI (hypoxemia).
- 3. Possible cause overload due to temporary stop fluid removal for 3 hours.
- 4. Action: Change Pressure Control, start CRRT with 1000 ml/h removal.





Day 3: CXR performing after desat showing with ELWI 27



Flow S	ettings	VO Data	-	Ran Currently D			
Di OOD Blood Pump Dielate Replincement Pt Fluid Removal Effluent	150 ml/min 0 ml/h 0 ml/h 2500 ml/h Pre 1000 ml/h	10 of 60 min 0 ml 0 ml 416 ml 52 ml	Access Filter Effluent	-46 239 -126	ES (mm)		
Effluent Dose:	44 ml/kg/h	468 ml	Kelum	143	-500		
Anticoag Continuous Bolus Volume Bolus Interval	51ANDARD 5 0.5 ml/h 0.0 ml 6 h			-hy.	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		

Day 3:

STOP

FLOW

SETTINGS

1. Fluid removal 1000 ml/h for 10 hours

HISTORY

CHANGE

BAGS

ADJUBT

HAMBI

ANTICOAG

SETTINGS

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\sim	C.O.	5.76 Umin			C.I.	3.15 #min/m ³	** 77	36.1
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w	CVPm	19 mmHg					TV 26 X	
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1 4	dPmax	2460	CFI	4.4	PVPI	6.5	and the second	

- 1. After 6 hours, Cl increased (3.15), SpO2 increased, with EVLWI decreased (19.1) and normal preload (ITBVI 933) with highly restrictive fluid management. Lactate and CO2 gao within normal limits.
- Start nicardipine 0.25-0.75 micro/min 2. because very high SVRI 3226



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C1

16:33 PVPI

EVLWI

Cardian

Output.

16.5

Hemn

Restow

4.40

16:13 SVV

1631 ITBVI

Ma

Set

Day 5:

1. With nicardipine 0.5 → CI 4.4, SVRI normal (2070), EVLWI decreased (16.5) with decreased PVPI (4.0). Preload normal (ITBVI 896). UO 1 ml/kg/hr and furosemide stop with removal CRRT 200 ml/hr to keep balance minus 1-2 L/day

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Day 6: CXR performing with EVLWI 9.4 (normal 5-7)





Day 6 next 12 hours: Continyu weaning with SIMV-PC. UO normal without furosemide. Removal CRRT 100/h





THANK YOU

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